



Not Quite Ready to Go Home Yet?

The Martha's Vineyard Hospital Transitional Care Program



OUR TRANSITIONAL CARE PROGRAM offers a much-needed service for Medicare patients who no longer require acute hospital care services but need skilled nursing services to complete their recoveries.

Martha's Vineyard Hospital's Transitional Care Program is designed to facilitate rehabilitative care which is sometimes needed following an illness, injury or surgery. The purpose is to assist individuals in improving their physical, emotional and social functioning through rehabilitative and skilled nursing therapies right here on the Vineyard, close to home, friends and family.

WHO MIGHT NEED TRANSITIONAL CARE SERVICES?

- Patients needing rehabilitative physical and occupational therapy services following surgery or illness
- Patients needing IV Therapy
- Patients needing care of wounds which require daily evaluation and treatment by skilled personnel
- Patients needing restorative nursing procedures such as ostomy training, diabetic teaching, etc

TO UTILIZE THE TRANSITIONAL CARE PROGRAM, patients must need services provided by a health-care professional. Such professionals might include nurses, physical therapists, occupational therapists and respiratory therapists.

PATIENT PARTICIPATION in the Transitional Care Program is regulated by Medicare, and by federal and state agencies. A three-day, inpatient hospital level of care stay within 30 days prior to transitional care is required. The patient must need some form of skilled nursing or skilled rehabilitation service which can be provided only in a skilled nursing facility. These requirements must be met to qualify for Medicare payment.

THE GOAL OF THE TRANSITIONAL CARE PROGRAM is to return patients to their homes. Under the direction and supervision of the patient's personal physician, Martha's Vineyard Hospital will make every effort to assist the patient to achieve an optimum level of function and self care through specialized therapies and education. A written plan of care is utilized and regularly reviewed and reevaluated.

THE TRANSITIONAL CARE PROGRAM can offer a great alternative to choosing a nursing home for orthopedic rehabilitation. Patients can learn daily living activities in the comfort of a hospital near friends and family where the goal is to help the patients return to their homes as soon as recovery has been achieved.



If you would like more information about the Martha's Vineyard Hospital Transitional Care Program or would like to make a patient referral, please call the Case Management Office at 1-508-957-9317