



STOOL SPECIMEN COLLECTION INSTRUCTIONS

1. Obtain from your doctor the proper requisition(s) for the tests you need to have performed.
2. Your doctor may be able to provide you with the proper collection cups. If not, stop by the MVH laboratory Monday through Friday between the hours of 7 AM and 5 PM. We will provide you with what you need. Bring the requisitions with you so we will be able to tell exactly what kind of collection cups are required. (The orange cup is for stool culture, the pink and gray cups are for Ova and Parasites and Giardia Antigen. A plain stool specimen is required for C. Diff.)
3. You may also be asked to collect specimen for a fecal occult blood test. Use the collection kit given to you by the laboratory or doctor's office and follow the instructions. The fecal occult blood test can be mailed back to the laboratory using the mailer included in the kit.
4. The cups and cards must be labeled, with your full name, date and time collected. **It's a good idea to label cups before collecting your samples.**
5. We suggest first collecting specimen in the yellow wide mouth container or the toilet seat collector. From this, you can use the spoon attached to the lids to add specimen to the proper cup until the level meets the red line.
6. Your samples are now well preserved. Store your specimens in the refrigerator until you have completed all collections. You can then bring them to the MVH laboratory between the hours of 7AM and 5 PM, Monday through Friday and Saturday/Sunday 9 AM to 11:00 AM.
7. Please return all the collection cups you were provided with, even the yellow container. **This is important.** Some tests require a plain stool specimen in a clean cup.
8. Be sure to bring the requisitions with you when you come.

Thank You,
MVH Laboratory Staff

MVH LABORATORY HOURS:
MONDAY – FRIDAY 7 am – 5 pm • SATURDAY & SUNDAY 9 am – 11 am
1 508 957-0160